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| Objective | Teach children and adults the fundamentals for competitive and social skating in a fun and interactive environment. | | |
| Academic Education | University At Albany Master of Public Health (MPH) | Albany, NY | May 2015 |
| | Syracuse University Dietetic Internship: Completed rotations in acute care (Community General Hospital), long term care (St. Camillus), community service (Meals On Wheels, Food Bank, The Living Room), food service (Skaneateles Central Schools), specialty (St. Joseph's Dialysis Center), and community nutrition (Cornell Cooperative Extension). | Syracuse, NY | April 2009 |
| | Cornell University College of Agriculture and Life Sciences: B.S. Nutritional Sciences | Ithaca, NY | May 2008 |
| Coaching Experience | Binghamton Figure Skating Club Figure skating coach teaching skills to students of all ages. | Binghamton, NY | 2009-Present |
| | Skaneateles Figure Skating Club Figure skating coach for the US Figure Skating Basic Skills Program teaching children to skate. | Skaneateles, NY | 2002-2006 and 2008-2009 |
| | The Rink: Learn to Skate and Private Lessons Figure skating coach teaching skills to students of all ages. | Lansing, NY | 2006-2008 |
| | The City of Ithaca Figure skating coach for the US Figure Skating Basic Skills Program teaching children to skate. | Ithaca, NY | 2006-2008 |
| | Skaneateles Community Center Figure Skating coach for the Learn to Skate program teaching children and adults to skate. | Skaneateles, NY | 2002-2004 |
| Skating Experience | Freestyle/Moves in the Field~ 22 years Ice Dance~ 22 years Solo and Partnered Synchronized Skating~ 8 years Blue Water Blades Skaneateles, New York CNY Synchronettes Central New York Cornell University Ithaca, New York | | |
| Test Levels | Senior Freestyle Senior Moves In The Field Supplemental Senior Moves In The Field Gold Dance Plus All International Dances including Silver Samba, Rhumba, Cha Cha Congelado, Midnight Blues, Tango Romantica, Yankee Polka, Austrian Waltz, Ravensburger Waltz, Golden Waltz, and Finnstep Canadian Gold Dances Senior Free Dance | | |
| Training | Coach: Erin Tongue Freestyle Coach | | 2011-2013 |
| | Coach: Stacy Petri Freestyle Coach | | 2011-2013 |
| | Coach: Jeff Petri Ice Dance Partner | | 2000-2004 and 2006-2013 |
| | Coach: Julia Roach Freestyle Coach | | 2010 |
| | Coach: Matt Savoie 2006 Olympic Competitor | | 2006-2009 |
| | Coach: Jamie Silverstein 2006 Olympic Competitor | | 2007-2008 |

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| Coach: Andrew Beck Ice Dance Partner | 2004-2006 |
| Coach: Sian Boycheck National Ice Dance Competitor | 2004-2006 |
| Coach: Gary Jones Member of the Ice Capades as a principal performer and understudy. Gary partnered with JoJo Starbuck (US Pairs Champion with Ken Shelley) and Dorothy Hamill (US, Olympic and World Ladies Champion). | 2002-2004 |
| Coach: Ron Ludington Four Time (1957-1960) US Figure Skating Pairs Champion | Summer 2003 |
| Coach: Barbara Roles Williams 1960 Olympic Bronze Medalist, 1962 US National Champion | Summer 2003 |
| Lisa Esterguard Skaneateles Figure Skating Club Coach | 1995-2004 |

Major Competitions

Empire States Games
State Games of America
Lake Placid Ice Dance Competition
Intercollegiate Figure Skating Nationals
US Synchronized Skating Team Championships

Volunteer Experience (Pertinent to Skating)

Binghamton Figure Skating Club
Ice Show Co-Director 2010
Pro-Liaison on Board of Directors 2016-2017

Skaneateles Figure Skating Club Ice Show 2009
Ice Monitor

Skate Challenge (Skating Club of CNY Figure Skating Competition) 2009
Basic Skills Judge

S.T.R.E.T.C.H.

Developed and taught stretching class for children of all ages at the Skaneateles Figure Skating Club

Former Competition Chair of the Syracuse University Figure Skating Club, Former President of the Cornell Social Ice Dance Club, Former Co-Treasurer of the Cornell Synchronized Skating Team (Cornell's first nationally ranked team), Former Co-Recruitment Chair of the Cornell Figure Skating Club

Memberships

Academy of Nutrition and Dietetics
Broome County School Food Service Association: Treasurer
New York State Academy of Nutrition and Dietetics: President-Elect
New York State School Nutrition Association: Nutrition Standards Chair
Professional Skaters Association
School Nutrition Association
Southern Tier Academy of Nutrition and Dietetics: Past President
United States Figure Skating Association: US Athlete and National Competitor