

Isadora Rose Park

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Objective: Helping students advance in their skating career by building a strong foundation, focusing on strengthening fundamental skills and techniques, along with promoting creative expression, sportsmanship, and most importantly, fun on the ice.

Figure Skating History (16 years as a figure skater)

-Passed the following:

- Senior Moves in the Field
- Senior Supplemental Moves in the Field
- Passed through Gold Dances and all International Dances
- Figure Test 1
- Intermediate Freestyle

- Competed at the following:

- Empire State Games | Lake Placid, NY
- Easterns Synchronized Skating Competition | Boston, MA
- ISI Worlds Competition | Boston, MA
- *Competed in several ISI Competitions in NY and PA
- Winter 2009 & 2010
- Spring 2010
- Summer 2006 & 2014

Highlights

- Experienced in off-ice training
- Very knowledgeable with USFSA testing requirements and ISI related events.
- Worked with and learned several different techniques from notable coaches (Tommy Litz, Andrew Beck, Lorna Aldridge, Mary Emes, etc.).
- Competed in preliminary level Synchro and Junior level Synchro, as well as attending Lake Placid's Synchro Camp twice and Miami University's Synchro Camp.
- Won the ISI Worlds National Team Sportsmanship Award.
- In 2014, won the Platinum Couples Spotlight at the ISI Worlds in Boston, MA.

Relevant Work Experience

Figure Skating Coach

Spring 2010- Present

- Worked with students at various ages and levels and both USFS and ISI skaters.
- Guided and placed students on the ice during competitions and test sessions.
- Can choreograph programs, plus cut music.

Learn To Skate Instructor

Fall 2006- Spring 2013

Learn To Skate Program- Elmira, NY

- Worked with various ages ranging from 4 to 60 years old in a group lessons.
- Taught all levels throughout volunteering.

Education

SUNY Plattsburgh- Plattsburgh, NY

Fall 2012-Spring 2016

Bachelor's in Biology

Minor in Chemistry

GPA: 3.63

